



# Light of Our Times: Conversations with Today's Leaders in Health and Spirituality

*Daphne Michaels*

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Light of Our Times: Conversations With Today's Leaders in Health and Spirituality features a rare collection of conversations held by visionary teacher, author and presenter Daphne Michaels with notable health and spirituality leaders such as Ram Dass (on soul presence) Thomas Moore (on dark nights of the soul) Dr. Masaru Emoto (on the hidden messages in water) Fred Alan Wolf, Ph.D. (on physics and consciousness) Nicki Scully (on alchemical healing) Victor Sanchez (on shamanism) Donna Eden (on energy medicine) Delores Krieger, Ph.D. (on therapeutic touch) Christina Baldwin (on the power of story) Melissa West (on transitions) James Endredy (on indigenous knowledge) Richard Gerber, M.D. (on vibrational medicine) Joseph Chilton Pearce (on the biology of transcendence) Julia Cameron (on creativity). With the turn of each page, conversations with these remarkable visionaries unfold, offering encouragement and guidance to us as we develop our own spiritual paths.

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