



# Breaking Trail: A Climbing Life

*Arlene Blum, Scribner*

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## **Breaking Trail: A Climbing Life** Arlene Blum, Scribner

A legendary trailblazer, Arlene Blum defied the climbing establishment of the 1970s by leading the first all-female teams on successful ascents of Mount McKinley and Annapurna and by being the first American woman to attempt Mount Everest. At the same time, her groundbreaking scientific work challenged gender stereotypes in the academic community and led to important legislation banning carcinogens in children's sleepwear. With candor and humor, *Breaking Trail* recounts Blum's journey from an overprotected childhood in Chicago to the tops of some of the highest peaks on earth, and to a life lived on her own terms. Now with an index, additional photos, and a new afterword, this book is a moving testament to the power of taking risks and pursuing dreams.

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