



What To Do When You Don't Know What To Do: Common Horse Sense

Wyatt Webb

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What To Do When You Don't Know What To Do: Common Horse Sense Wyatt Webb

This remarkable book speaks to our current stressful, fear-based mode of existing by offering simple, common-sense solutions that lead toward sanity and joy. And the wonderful thing is that these methods are available to us all in present-moment time. Wyatt Webb sticks to his belief that the cause of our most difficult struggles in this life are two things we're not born with: fear and self-doubt. Since these two conditions are learned, there is definitely hope for overcoming them via the process of unlearning and relearning, which is at our intellectual, emotional, and spiritual fingertips.

We're able to move from the perception of being stuck by availing ourselves of the simple yet profound tools offered in this book. For one-tenth the cost of a therapy session, you can access the map to freedom. What have you got to lose?



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