



## The Dolce Diet: Valentine's Day Menu

*Mike Dolce, Brandy Roon*

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Food and romance! What could be better?! How about healthy, delicious food that won't bog you down! (After all, nothing is worse than feeling like a slug on a night that's supposed to be romantic!) Don't worry! Mike Dolce's got your back! New from #1 bestselling author & world renowned weight-management coach comes The Dolce Diet: Valentine's Day Menu! Short & sweet, this quick and easy ebook contains 10 simple, yet romantic recipes that'll have your honey saying "I love you, now let's grapple!" Or something like that...

Gluten-free and Vegan options!

Strawberry Salad

Veggie Paella

Seared Ahi Tuna Steaks

Baked Pears

...and more!

Be sure to check out Mike's other titles:

The Dolce Diet: LIVING LEAN

The Dolce Diet: LIVING LEAN COOKBOOK

The Dolce Diet: HOLIDAY DISHES

and coming soon, The Dolce Diet: 3 Weeks to Shredded REVISED

For more information, visit [TheDolceDiet.com](http://TheDolceDiet.com)

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