



The Cancer Recovery Eating Plan: The Right Foods to Help Fuel Your Recovery

Daniel W. Nixon M.D.

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Dr. Nixon, editor-in-chief of the journal *Cancer Prevention*, cuts through the hype to explain the latest scientific findings on food and cancer. He presents individualized eating plans according to the type of cancer and offers a three-month plan to benefit the person with cancer. Over 100 recipes help put the plan into action.

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