



# **Brown Pony Series: Book Three: Considering Hippotherapy in Your Career Plans (Volume 3)**

*Rebecca Cook*

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# Brown Pony Series: Book Three: Considering Hippotherapy in Your Career Plans (Volume 3)

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## **Brown Pony Series: Book Three: Considering Hippotherapy in Your Career Plans (Volume 3)** Rebecca Cook

You love horses and you love therapy ... is it possible to combine those two loves in a fulfilling career? Yes, it is! The information in this book is geared towards high school and college students, as well as practicing therapists, who are considering a career involving hippotherapy. Learn from those who are on the path working towards this career and from the author who has worked for over 20 years incorporating hippotherapy into her occupational therapy treatments. The book is organized into three sections ... Section One has four chapters ranging from a junior high school student's questions about a career of this type, to two college students pursuing a therapy degree and then to a licensed therapist pursuing the addition of hippotherapy to her therapy practice. Section Two contains 3 chapters all about horses, how do you choose and train a therapy horse, how do you fit saddles, and how do you prevent therapy horse burnout. Section Three consists of 3 chapters with the therapist in mind - how to provide a therapy internship, demystifying how hippotherapy is integrated into treatment planning and finally a "reality check" describing why therapist's offer hippotherapy even though it costs more to provide and is physically demanding. You won't want to miss the valuable and insightful information provided in each chapter. What books are available in the Brown Pony Series? Book One: Introduction to Hippotherapy Book Two: Risk Management and Safety in Hippotherapy Book Three: Considering Hippotherapy in Your Career Plans Book Four: The Business of Hippotherapy PLUS ... Barn Rules: A Companion Book to the Brown Pony Series - A teaching tool of basic barn rules in social stories and pictures for instructors, riders, parents, and volunteers. Tally Up: A Companion Book to the Brown Pony Series - Checklists created from a task analysis of showmanship and riding skills that can be used to improve understanding of a Judge's class placing's and to provide a foundation of skills to practice for competition. Also, a great breakdown of skills for an instructor to use in lesson planning. Safe Horse Handling: A Companion Book to the Brown Pony Series - Increase awareness of common sense safety to implement when working around horses. Some of the tips may be inadvertently overlooked until there is an accident. Great for equine instructors, therapeutic riding volunteer training, and equine assisted activity and therapy programs. COMING SOON: Incorporating Games in Hippotherapy: A Companion Book to the Brown Pony Series - Play is the "work" of the child (and the de-stressor of the adult). Play engages the whole person: imagination, emotion, cognition, and engagement, along with the physical skills components of the game activities. Games can build in a reason for completing various ring figures, speed changes, stops and starts. Learn ideas for layering on goal-oriented game activities in a hippotherapy session.

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