



# The Guide to Nutrition and Diet for Dialysis Patients

*Dr. Shuang Chen*

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## **The Guide to Nutrition and Diet for Dialysis Patients** Dr. Shuang Chen

Specifically written for patients undergoing dialysis treatment, this guide provides important nutritional and dietary information to improve the patients' quality of life during dialysis and to prolong their lives.

Presented in a concise, easy to read format, complete with food analyses and charts, The Guide To Nutrition and Diet for Dialysis Patients. Patients addresses thirty-eight of the most commonly asked questions on diet and nutrition, offering essential knowledge for dialysis patients and their families. This book also includes a series of lists for patients to use in identifying foods with high calcium, potassium, sodium and phosphorous contents. This guide is relevant for all people concerned with dietary consumption.

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