



Pastimes: The Context of Contemporary Leisure

Ruth V. Russell

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An introductory text that gathers together state of the art information in leisure science and practice, reflecting a wide range of literature from the disciplines of sociology, psychology, economics, political science, and anthropology. More than a text that teaches the foundational meanings and roles of leisure. Pastimes is also a point of view. This text presents leisure as a human phenomenon that is individual and collective, vital for survival, frivolous, historical, contemporary, good, and bad.

Pastimes, 3rd Edition continues with its contemporary introduction to leisure, while emphasizing new concepts. This edition contains two new chapters, and includes more illustrations of concepts through fieldbased case studies, research studies, biographical features, definitions, and photographs. Material is more personally relevant with exploratory activities and applications to professional practice.



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