



**Life Coaching Box Set: Advanced
Methods, Thinking Skills and Exercises to Change
Your Mindset and Become More Successful (life
coaching, what is a life coach, become a life
coaching)**

Mildred Powell, Andrea Sims, Julie Wilson, Lisa Clark, Donna Bell, Joan Hunter

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BOOK #1: Life Coaching: 23 Lessons on How to Become a Successful Coach Who Encourages, Motivates and Inspires Other People

23 Lessons on How to Become a Successful Coach Who Encourages, Motivates and Inspires Other People is a book with real world problems for real world people. Not only is it a great read for people wanting to start a career in life coaching, it is an excellent go to for those looking to have a life coach. Sometimes, people aren't really sure WHAT to bring to the table during their life-coaching sessions.

BOOK #2: Mindset: 25 Positive Thinking Tricks You Wish You Knew Before. Change Your Mindset, Feel Happier and Become More Successful

Within the book readers will find two different sections. The first section addresses tricks you can use to help in your personal life and the second section takes a look at tricks specifically for the workplace. The book can be used by all ages and features tips that are versatile enough to be used in a wide variety of scenarios and issues.

BOOK #3: Astrology: 12 Best Methods For Understanding Zodiac Signs, Compatibility, Career and Relationships

Learning about and understanding zodiac signs can help you in your personal life, your business life, your love life and your friendships.

You can even use astrology in your personal relationships in order to get the upper hand on your partner.

You will be able to understand them better, often times even better than they understand themselves.

BOOK #4: 28 Essential Critical Thinking Skills and Brain Exercises which Can Improve Your Logical Thinking

This book aims to give you some lessons and ideas in how you can start your journey to being a critical thinker today. Train your brain into being a better thinker and more intellectual. Try some exercises to get your brain muscles going, and seeing things in a different light than you perhaps have been. Use this book to better your brain and get ahead of your coworkers with your skills.

BOOK #5: Brain Training: Advanced Brain Training Methods For Better Memory, Improved Concentration, Mental Clarity, Neuroplasticity, And Superior Power of Your Mind

This book takes a broad approach to the area of brain training, offering a carefully framed philosophy to implement in your day-to-day life as well as specific techniques and exercises to develop individual areas of your intellect.

BOOK #6: Body Language: Amazing Body Language Guide to Help You Recognize Whether People's Feelings are True or Fake

Do you sometimes get the sense that a situation with other people is not quite as it seems? Do you often struggle to understand what others expect of you? Is nervousness preventing you from taking risks that could slingshot you on the path to success in your personal and professional life? Interacting with other people can be a challenging and exhausting aspect of daily life, and a potent source of stress for many. A little study and practice in reconnecting with the instinctive intuitions of the human animal can enable you to harness the hidden power of body language as a tool to establish your place among your peers.

Getting Your FREE Bonus

Download this book, and find "**BONUS: Your FREE Gift**" chapter right after the introduction or after the conclusion.

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