



Date Expectations: A Guide to Changing Your Dating Life and Finding Real Love

Kelly Seal

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"Kelly is the first person I go to for advice." - Natasha Solomons, New York Times best-selling author "Both practical and optimistic, Date Expectations empowers readers with strategies to uncover the unconscious patterns that can sabotage even the most sincere effort to find love." -Julie Livingston, editor, Men, Women and Relationships Dating can sometimes feel like you're riding a roller coaster. It's fast, it's nerve-wracking and at some point you just want to get off! Sound familiar? For so many women, dating has become more like a race than a pursuit of love. You don't want just any man - you want to find Mr. Right. But you have to sort through all the "bad" ones to get to him! It can feel exhausting. You swipe through countless pictures on dating apps, search through online profiles, connect with Facebook friends-of-friends-of-friends, Twitter followers, or even try a head-spinning four-minute speed date. If a man doesn't seem good-looking enough, or tall enough, or funny enough from a first impression, it's on to the next! While riding this kind of dating roller coaster may seem to be the best and fastest way to meet the right person, it doesn't work. There is, however, a better way. In Kelly Seal's new book Date Expectations: A Guide To Changing Your Dating Life And Finding Real Love, she examines how such anxious searching actually works against you. She explains several techniques to help you slow down your search and see how your subconscious habits create barriers to finding the right man, and having a shot at real love. You'll learn the keys to more effective communication, which is at the very heart of meeting new people and relationship building. Date Expectations shows how you can shift your perspective in order to make finding that special someone not only more enjoyable, but significantly more possible.

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Angel Sutton:

Spent a free time to be fun activity to do! A lot of people spent their leisure time with their family, or their very own friends. Usually they accomplishing activity like watching television, going to beach, or picnic in the park. They actually doing same thing every week. Do you feel it? Do you want to something different to fill your own personal free time/ holiday? Can be reading a book can be option to fill your totally free time/ holiday. The first thing that you will ask may be what kinds of guide that you should read. If you want to test look for book, may be the e-book untitled Date Expectations: A Guide to Changing Your Dating Life and Finding Real Love can be very good book to read. May be it can be best activity to you.

Amy Tharp:

A lot of people always spent their very own free time to vacation as well as go to the outside with them family members or their friend. Were you aware? Many a lot of people spent that they free time just watching TV, as well as playing video games all day long. If you would like try to find a new activity this is look different you can read a new book. It is really fun for you. If you enjoy the book you read you can spent all day every day to reading a reserve. The book Date Expectations: A Guide to Changing Your Dating Life and Finding Real Love it is extremely good to read. There are a lot of people that recommended this book. These folks were enjoying reading this book. Should you did not have enough space to bring this book you can buy often the e-book. You can m0ore easily to read this book from a smart phone. The price is not to cover but this book offers high quality.

Cassandra Harvey:

The book untitled Date Expectations: A Guide to Changing Your Dating Life and Finding Real Love contain a lot of information on this. The writer explains the girl idea with easy method. The language is very simple to implement all the people, so do not worry, you can easy to read it. The book was published by famous author. The author will bring you in the new era of literary works. You can actually read this book because you can keep reading your smart phone, or gadget, so you can read the book throughout anywhere and anytime. If you want to buy the e-book, you can available their official web-site and order it. Have a nice

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