



Certified Dietary Manager Exam Secrets Study Guide: CDM Test Review for the Certified Dietary Manager Exam

CDM Exam Secrets Test Prep Team

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*****Includes Practice Test Questions*****

Get the test prep help you need to be successful on the Certified Dietary Manager test.

The Certified Dietary Manager Exam is extremely challenging and thorough test preparation is essential for success. *Certified Dietary Manager Exam Secrets Study Guide* is the ideal prep solution for anyone who wants to pass the Certified Dietary Manager Exam.

Not only does it provide a comprehensive guide to the Certified Dietary Manager Exam as a whole, it also provides practice test questions as well as detailed explanations of each answer.

Certified Dietary Manager Exam Secrets Study Guide includes:

- A thorough look at the Certified Dietary Manager Exam
- A complete examination of nutrition data
- A detailed guide to food and nutrition services
- A full breakdown of employee management
- An extensive review of production, safety, and business management
- Comprehensive practice questions with detailed answer explanations

It's filled with the critical information you'll need in order to do well on the test the concepts, procedures, principles, and vocabulary that the Certifying Board for Dietary Managers (CBDM) expects you to have mastered before sitting for the exam.

The Nutrition Data section covers:

- Gather nutrition data
- Nutritional assessment form
- Measurements and tests
- Vitamins and nutrients
- Diseases
- Apply nutrition data
- Assistive devices
- Special diet situations
- Eating and food disorders

The Food and Nutrition Services section covers:

- Provide food services
- Serving and portion size
- Tray-line system
- Supplements

- CQI
- Provide nutritional information
- Counseling techniques
- Effective communication

The Employee Management section covers:

- Hire and supervise
- Legal issues and legislation
- Performance review
- Develop personnel and communication
- Meetings
- Training
- Professional interaction
- Care conferences
- Inspections

The Production, Safety, and Business Management section covers:

- Manage supplies, sanitation, and safety
- USDA grading
- Food storage and temperature
- Crisis
- Manage production
- Standardized recipe
- Manage business operations
- Purchase specifications
- Food cost

These sections are full of specific and detailed information that will be key to passing the Certified Dietary Manager Exam. Concepts and principles aren't simply named or described in passing, but are explained in detail. The guide is laid out in a logical and organized fashion so that one section naturally flows from the one preceding it. Because it's written with an eye for both technical accuracy and accessibility, you will not have to worry about getting lost in dense academic language.

Any test prep guide is only as good as its practice questions and answers, and that's another area where our guide stands out. Our test designers have provided scores of test questions that will prepare you for what to expect on the actual Certified Dietary Manager Exam. Each answer is explained in depth, in order to make the principles and reasoning behind it crystal clear.

We've helped thousands of people pass standardized tests and achieve their education and career goals. We've done this by setting high standards for our test preparation guides, and our *Certified Dietary Manager Exam Secrets Study Guide* is no exception. It's an excellent investment in your future.

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