



How to Get Off Psychiatric Drugs Safely - 2010 Edition: There is Hope. There is a Solution.

James Harper N.C.

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How to Get Off Psychiatric Drugs Safely - 2010 Edition: There is Hope. There is a Solution. James Harper N.C.

"Here is an essential handbook on how to safely and more easily wean yourself (under medical supervision) off the heavily over-prescribed psychotropic medications. I have used the program with my patients and it works! Hyla Cass M.D. Author of Supplement Your Prescription" "Psychiatric drugs play a major role in mental health, the problem is too many people do not need these medications. How to Get Off Psychiatric Drugs Safely shows you how to safely get off the drugs safely. I highly recommend James Harper's work. It could save your life." Dr. Tony O'Donnell ND, PsyD. "Taking care of the body and spirit is an important investment worth pursuing. Placing pharmacological chemicals into the body should only be used as a last resort and other options should always be explored first. This book should be read by all health care professionals before they enter the work force. Thank you Jim for your compassion and dedication." Amit Dhingra, Pharm.D. Professional Pharmacy

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