



Top of My Lungs

Natalie Goldberg

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Top of My Lungs

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In this powerful new collection of writing guru Natalie Goldberg's poetry and artwork, the celebrated author of *Writing Down the Bones* focuses her attention on the shifting rhythms of interior life in probing, sensual meditations that both illumina

Thousands of readers have embraced Natalie Goldberg's inspirational books on creativity and writing. Now she brings to *Top of My Lungs*, her first poetry collection to be published in twenty-two years, the same uncompromising integrity and commitment. With full-color reproductions of the author's brilliant original artwork that both complement the poems and stand out on their own, and an introduction by the author, *Top of My Lungs* gives the reader complete access to a compelling vision, one that is both simple and complex, both withdrawn from and full of life. It's a book to be treasured, a gift book, or a gift to oneself, for the over one million readers who tapped into their creativity through Natalie Goldberg's perennial bestseller *Writing Down the Bones*.

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