



The Most Important Thing I Know About the Spirit of Sport: 101 Inspiring Messages from Athletes, Coaches, Sportswriters, and Commentators

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What turns a talented athlete into a true champion? Winning is the easy part -- it's when the going gets tough that the greats tap into a special spirit that overcomes adversity with grace.

This heartfelt collection explores the important lessons offered by some of the sports world's best-known athletes and coaches, as they share insights on leadership, excellence, teamwork, and victory. Here are page after page of memorable quotes from Yogi Berra, Nadia Comaneci, Chris Evert, Wayne Gretzky, Florence Griffith Joyner, Grant Hill, Bela Karolyi, Tara Liposki, Steve Young, and many more, all handwritten and signed on their personal stationery, and accompanied by a brief description of career highlights and biographical facts. This is pure inspiration, with the underlying message that it is not what you achieve that is important, but the underlying spirit in everything you attempt.

Conceived in the truest spirit of sportsmanship -- royalties for the book support the athletes of the Special Olympics. This is a perfect gift for Father's Day or graduations, for athletes, teachers, or anyone else who strives for excellence, on the playing field or in the great game of life.

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