

Survival Pantry: Advanced Guide to Food and Water Storage, Canning, and Preserving (Survival, Prepping, Survival Pantry)

James Clark

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Survival Pantry (FREE Bonus Included)

Advanced Guide to Food and Water Storage, Canning, and Preserving

We focused on the simplest and least labour intensive methods in the first book: "Survival Pantry: Beginners Guide to Food Storage and Preserving". Our goal was to introduce the idea of food preservation for survival and recommend easy and effective ways to get started. This foundation of knowledge will help you understand the processes that produce greater variety of food in the survival pantry. We will build on our base and learn more ways to preserve food for emergencies.

This book explores advanced techniques including:

- Food curing This includes salting, pickling, and fermenting
- Smoking including a do it yourself smokehouse
- Sugar preservation and jellies because dried fruit, as good as it is, loses some nutrient content in the preservation process
- Canning proper steps to can or jar up your food preps for extended storage
- Water purification of greatest importance in a survival scenario is access to clean, safe water for drinking and food preparation
- Additionally, I will cover a survival topic even more important than food security. People can get by without food for a few weeks. People can't last more than a few days without water

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