



# The Simplicity Primer

*Patrice Lewis*

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## **The Simplicity Primer** Patrice Lewis

Have you ever wondered if it was possible to really simplify your life without giving away all your possessions, joining the Green Party, or taking up meditation? For too long, the terms simplicity or simple living have been associated with the far-left granola crowd. Now a practical alternative is available. The Simplicity Primer addresses how to achieve a simple lifestyle from a concrete, conservative, no-nonsense, realistic standpoint. It offers guidelines for family life, finances, the workplace, health, relationships, spiritual life, home, recreational activities, and much more. Imagine how simple your life would be if you were out of debt, had well-behaved kids, and a happy marriage. Imagine what it would be like to have an uncluttered home or a job you love. Imagine how it would be if you were better able to survive and thrive in these increasingly uncertain times. These things are possible, and following even a few of the 365 tips in this book will simplify your life in amazing ways.

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