



# Sunrises to Santiago: Searching for Purpose on the Camino de Santiago

*Gabriel Schirm*

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## **Sunrises to Santiago: Searching for Purpose on the Camino de Santiago** Gabriel Schirm

After spending his 20s traveling the world and hopping from job to job, Gabriel Schirm was lost. At 32 years old, he desperately needed to find direction and meaningful purpose in his life. With no physical training, he decided his answers were waiting for him somewhere along the historic 490-mile pilgrimage route called the Camino de Santiago in Spain. From the physical high of crossing the Pyrenees Mountains to the mind numbing rhythm of walking through the endless wheat fields of the Meseta, the route was filled with many challenges. Accompanied by his “guru” wife Amy, Schirm faces setbacks like bed bugs and tendinitis, all in the pursuit of elusive answers. The lessons came from the serendipitous experiences and conversations with fellow pilgrims from all over the world. Sunrises to Santiago chronicles a wondrous journey of personal growth, physical pain, and outdoor adventure while teaching us all to enjoy life’s incredible journey.

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