



Screw the Zoo: Escape From Your Cage, Free Your Mind, and Take Over the World

Sam McRoberts

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What if you could travel back in time? What would you tell your younger self, if you had the opportunity? These are questions I've asked myself a thousand times, and Screw the Zoo is my answer.

If you feel trapped, stuck in a rut, or in any way disheartened by the path your life has taken, then this book is for you. It contains every lesson, shortcut, and mind-hack I've found on my quest for freedom, broken down into practical lessons and simple steps that literally anyone can follow.

This step-by-step guide to freedom will teach you:

- How to walk into a room, any room, and command attention and respect
- How to negotiate reality, redefine your worth, and achieve your dreams
- How to develop a Sherlockian-mind through the use of observational tricks and mnemonics
- How to control your body language and facial expressions to conceal your true feelings
- How to identify and break free from personal habits and traditions that are holding you back

If you're ready to be free, to escape from your cage and forge your own path through life, then look no further. This is the road map through life that I wish I'd had from the very beginning.

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Donna Bradford:

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