



# Mother-Daughter Incest: A Guide for Helping Professionals

*Beverly Ogilvie*

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## **Mother-Daughter Incest: A Guide for Helping Professionals** Beverly Ogilvie

Provide more effective services for the victims of this underreported, rarely investigated form of sexual abuse!

Until recently, mother-child incest was considered to be virtually nonexistent. The majority of the sexual abuse literature focused on male-perpetrated abuse or father-daughter incest. *Mother-Daughter Incest: A Guide for Helping Professionals* fills that gap in the literature, making an important contribution to knowledge and therapeutic practice by adding the voices of these survivors to the dialogue.

This important new book describes the phenomenon and aftermath of mother-daughter incest, focusing on the victim's perception of and reaction to her experience. This book's unique approach integrates psychological theory and practical interventions with the words of the survivors themselves. Their revealing and moving first-person testimonies keenly articulate daughters' reactions to sexual abuse at the hands of their mothers, their past and present relationships with their mothers, and their perceptions of the impact of their mothers' abuse on their lives.

This vital book explores:

- the unique dynamics, psychological impact, and sequelae of this type of incest
- factors that contribute to the underreporting and underinvestigation of mother-daughter incest
- the significance of the mother-daughter bond, plus cultural definitions and expectations of motherhood—key factors in society's denial of the existence of this kind of abuse
- the stigmatization that survivors must endure if they reveal their experiences to others
- psychological theory—developmental, object-relations, self-in-relation (relational), and attachment—and what they tell us about mother-daughter relationships
- common themes encountered in therapy with survivors—acute shame, helplessness, isolation, betrayal and grief, identity issues, impaired sexual development, difficulty coping, and parenting concerns—and how to address them
- ways in which survivors attempt to regulate their internal emotional states
- strategies for helping a survivor to take charge of her life
- the ways in which survivors are likely to relate to their therapists and how survivors may expect therapists and other helping professionals to perceive them
- transference-countertransference dynamics between client and therapist and their effect on the process and outcomes of therapy—and nine strategies for minimizing countertransference

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#### **Natalie Hernandez:**

Spent a free time for you to be fun activity to do! A lot of people spent their leisure time with their family, or their friends. Usually they carrying out activity like watching television, gonna beach, or picnic within the park. They actually doing same task every week. Do you feel it? Do you wish to something different to fill your own personal free time/ holiday? Could possibly be reading a book might be option to fill your free time/ holiday. The first thing that you ask may be what kinds of reserve that you should read. If you want to consider look for book, may be the guide untitled Mother-Daughter Incest: A Guide for Helping Professionals can be excellent book to read. May be it might be best activity to you.

#### **Virgina Scheffer:**

In this time globalization it is important to someone to get information. The information will make a professional understand the condition of the world. The health of the world makes the information simpler to share. You can find a lot of recommendations to get information example: internet, newspaper, book, and soon. You can see that now, a lot of publisher that will print many kinds of book. The actual book that recommended to your account is Mother-Daughter Incest: A Guide for Helping Professionals this publication consist a lot of the information on the condition of this world now. This particular book was represented so why is the world has grown up. The vocabulary styles that writer require to explain it is easy to understand. Often the writer made some study when he makes this book. That is why this book ideal all of you.

#### **Kendrick Hardee:**

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