



Caring Economics: Conversations on Altruism and Compassion, Between Scientists, Economists, and the Dalai Lama

Tania Singer, Matthieu Ricard

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A COLLECTION OF INTERNATIONALLY RENOWNED SCIENTISTS AND ECONOMISTS IN DIALOGUE WITH HIS HOLINESS THE DALAI LAMA, ADDRESSING THE NEED FOR A MORE ALTRUISTIC ECONOMY

Can the hyperambitious, bottom-line-driven practices of the global economy incorporate compassion into the pursuit of wealth? Or is economics driven solely by materialism and self-interest? In *Caring Economics*, experts consider these questions alongside the Dalai Lama in a wide-ranging, scientific-based discussion on economics and altruism.

Begun in 1987, the Mind and Life Institute arose out of a series of conferences held with the Dalai Lama and a range of scientists that sought to form a connection between the empiricism of contemporary scientific inquiry and the contemplative, compassion-based practices of Buddhism. *Caring Economics* is based on a conference held by the Mind and Life Institute in Zurich in which experts from all over the world gathered to discuss the possibility of having a global economy focused on compassion and altruism. Each chapter consists of a presentation by an expert in the field, followed by a discussion with the Dalai Lama in which he offers his response and his own unique insights on the subject.

In this provocative and inspiring book, learn how wealth doesn't need to be selfish, how in fact, empathy and compassion may be the path to a healthier world economy.

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Dalai Lama can to be your brand new friend when you're truly feel alone and confuse with what must you're doing of that time.

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