



The Art of Seduction Hypnosis: Instant Rapport, Connect, Guided Meditation Hypnosis & Subliminal

Rachael Meddows

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Connect with people instantly on a level they can't deny. Learn techniques for seducing anyone, anywhere, anytime. Learn to build rapport and establish intimacy with the help of Rachael Meddows. Let *The Art of Seduction Hypnosis* increase your confidence level so that you can step outside of yourself and seduce anyone you want. Your subconscious mind will receive hypnotic suggestions for positive change that will allow it to let go of the barriers you have that are stopping you from the attractive, confident, funny you. Seduction is powerful - learn to harness it.

The Art of Seduction Hypnosis includes an instructional track as well as three hypnosis tracks for you to choose from. One contains a short (approx. 10 minutes) induction that will allow you to fall into a deep state of relaxation quickly. It's great for those who are short on time or for those experienced in hypnosis and familiar with the induction process. Another contains a beach induction that will lull you into a deep state of relaxation with the soothing sounds of waves hitting the shore, allowing you to let go of any mental inhibitions and be completely open to positive change (approx. 20 minutes). A third contains a staircase induction that will "walk you down" a mental stairway into a deeply relaxed state that ends with you in a peaceful, safe place where you can feel comfortable enough to completely open up to hypnotic suggestions (approx. 20 minutes).

Bonus audio: "Sleep Subliminal" included as the fifth track.

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Alma Hillyer:

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