



Hidden Addiction and How to Get Free, The

Janice Keller Phelps, Alan Nourse

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The startling news of the Hidden Addiction is that all addictions are rooted in the same genetic flaw in your body. Dr. Phelps explains that addiction does not result primarily from emotional stress, lack of willpower, or some other psychological factor. It is a concrete physiological condition that can be addressed, and a detailed treatment program is provided in this book.

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